

Summer 2008



Swami Paramanand Maharaj E-Newsletter

The latest news following the footsteps of Maharaji and Akhand Paramdham, the non-profit org that oversees his many projects.

Swamiji's Satsangs in the USA

Maharaji traveled extensively throughout the US this spring and summer speaking to groups in CA, Colo., NY, NJ, Wash., VA, NC, SC, GA, TX & FL. This issue covers some of his teachings and input from various hosts. Kudo's to all the sponsors who selflessly served to bring Swamiji's teachings to light in America.



Welcoming Maharaji at N.Carolina retreat

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Ask Maharaji

A student asked Maharaji,

"How can we know that we existed before our mind and intellect?"

Maharaji replied..."A face exists before one looks in the mirror, but the face in the mirror comes and goes. The face is real, the reflection is false. Reflection is a natural process. The mirror has one property... to reflect. There is one sun, but many different reflections in the water. An awakened being understands individual consciousness as a reflection.

Consciousness is everywhere. When individual consciousness does not exist, Consciousness still exists."

West Coast Report



Freemont Hindu Temple

"We had a direct experience of doubtless knowledge of the Super Soul"

In the San Francisco & LA areas, numerous old and new devotees as well as Tibetan Buddhists, yoga teachers, healing and ayurvedic practitioners were inspired by Swamiji's teachings. Swamiji spoke of direct experience, being doubtless knowledge. Mary DeMartino and Nitya Chaitanyanand who hosted an intensive in Davis said "Swami ji lifted us so that we had a direct experience of doubtless knowledge of the Super Soul"

In Sacramento, large crowds of the American Hindu community came to the Laxmi Naryan Temple to hear his discourses. In Yuba City, numerous Hindus and Americans came to a beautiful temple at Joginder Singh's home for satsangs & feasting. Mukesh Agarwell sponsored an intensive where attendees also benefited from ayurvedic teachings, yoga & energy healings. At the Freemont Hindu Temple Swamiji began with a mangalacharan puja (opening prayer) & spoke on Shrimad Shankaracharya janma jayanti (Shankarchara's birthday celebration). Around LA, BabuBhai Gandhi hosted programs including workshops at the Sanatan Temple.

Swamiji also went to River Pines to the home of Shirley Jones who is a long time devotee along with her mother. Swamiji spoke of death and non-attachment. It was during his visit that Shirley's mother shared that she had reached a place of completion in this lifetime. Swami Ji said that Shirley's mother, Frances, was of pure mind and heart and her transition would go quickly into bliss." Shirley's mother passed into the Light a week later.



Eco-riding with Swami Ji

From Colorado

"Being in Swamiji's presence is like a breath of fresh air", says Victoria and Ignatius Baran." He is gentle-unconditional loving-insightful beyond words-inspiring! The highlight of our year is when Swamiji comes to visit Denver! We learned many spiritual lessons and disciplines. What an honor to be with Swamiji and share him with others in the community! We were honored to be a part of Swami Sally Perry's initiation and were given a blessing for our union. Our home caught on fire (a workers mistake) while Swamiji was here. We all felt had Swamiji not have been here our house might have burnt to the ground versus sustaining little damage. Swamiji grace is always with us."



SouthEast US & Texas – More to Come

In Atlanta, Swamiji spoke at the Shakti Mandir for 4 days and at the Shiv Mandir at the Global Mall on the weekend. (see photos on next page). In South Carolina, Swamiji returned to the Hindu Temple for satsangs.

In Dallas Tx., Swamiji was interviewed by SDF Radio Hinduism on FM104.9. The program may be heard live at <http://www.radio.salaamnamaste.com/live.html> or at any time later by visiting the Audio Archives Section of <http://www.sdfglobal.org>.

In Houston people immersed themselves in the nectar of knowledge and bhakti at Shri Radha Krishna Temple and Shri Hindu Worship Society.

Programs in Orlando, Fla. end the 2 ½ month US tour, then it's back to India for Guru Purnima...stay tuned for more to come!

Summer Solstice Retreat in North Carolina



Folks came from around the US to Asheville to spend a week with Swamiji in the Blue Ridge Mountains. The retreat was nestled in a sanctuary and the days began with daybreak sessions of pranayams followed by lakeside walks with Gurudev, then yoga & satsangs in the sanctuary throughout the day and evening. Swamiji also gave satsangs in the area at the Peace Chamber, Light Center, Unity Church, Namaste Yoga center & Mt. Chiopractic center. On his last day he addressed faculty and students at Western Carolina Univ., then blessed a hillside labyrinth & was filmed for a documentary film entitled, 'Is There Anybody Out There Who Really Knows?'

When someone asked why it's so hard to know how to focus the mind in meditation... Swamiji told a story of a master giving a student a bowl full of oil, & telling him to go around the bazaar. "When you come back I will give you the answer. If you spill a drop I'll kill you." When he returned the Master asked why he did not spill a drop of oil. "You said you'd kill me". Master asked, "When you went around the bazaar what did you see". "I saw nothing, all my attention was focused on the oil". Whenever we experience a critical situation or intensely focus on something everything else drops away.

Northeast Programs – NY, NJ, Wash. Va.

Folks in NY area had a chance to have satsang at the Jivmukti Yoga Center in NYC, the Shakti Yoga Center in Staten Island and the Satyanarayan Temple in Queens. At a retreat in Albany, NY, Swamiji spoke about real existence. He said;" I do not exist" – that I cannot know. You cannot see your absence. You can know the absence of everything else, but not your own absence. We cannot find the end of ourselves – we are infinite. Everything else is limited, you are limitless. Everything else is in time, you are timeless. I am always; I am everywhere, without me there is nothing. Once you accept existence of one consciousness everywhere all the time, you'll also find it in yourself. Real existence that is all the time is One, and it is me. Nothing can happen; nothing can exist without me. I can never be absent."

In Long Island, over 100 people came to satsangs and an elaborate dinner fundraiser.

IN NJ, Swami returned to the Sanatan Temple. In the Washington area, satsangs were held at Rajdhani Temple, Mangal Mandir and the Hindu Mandir.

In N.Va. Swamiji addressed people at the Unity Church and there was a retreat in Rockville at the East- West Bridge APD.

US Tour Pictures [...click here to see slideshow](#)



Atlanta GA



Atlanta GA Shiv Temple



San Francisco Outskirts



Sanctuary in the Pines, NC

“Consciousness doesn’t want to become anything, because it is everything.”



Light Center NC



Peace Chamber, Swannanoa, NC



Washington DC Area



Namaste Yoga Center



Western Carolina University

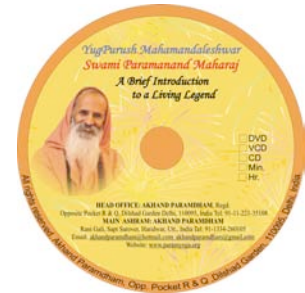


Columbia SC

Books, CD's & DVD's in English –Online ordering

BOOKS:

- Direct Experience of Truth* (20.) *Also available in CD in the Talking Book Series
- Inner Peace* (7.) Also available in mp3, 3 hour CD with music
- 108 Insights from Gurudev* (5.) *Also available in CD with music and Hindi translation
- Body to Soul Consciousness* (5.) Also available in CD in the Talking Book Series
- Meditation* (15.) Also available in CD
- Uniting Divinity with Science (10.)
- Perfection in Life` (10.)
- Awareness Art of Meditation (10.)
- Religious Revolution(5.)
- Manduka Upanishad (10.)



DVD:

Introduction to a Living Legend
Swami Paramanandji Maharaj

20 minute DVD showing the life of Maharaj Ji that incorporates many old photos of his youth as well as up to date photos of many of his ashrams and social projects. (10.)

CLICK HERE IF YOU'D LIKE TO PLACE AN ONLINE ORDER

CD's & DVD's - \$10,ea.

BOOKS - \$5 to \$20.

Upcoming Programs & Events - Summer & Fall 2008

GURU PURNIMA – July 18th, Full Moon of August Celebration honoring our teacher. There will be 2 weeks of celebrations in central and Northern India.

RUSSIA TOUR JULY 21st-Aug 5th Focalizer - Surya Dobhal and Somya Kant
-sursom@vsnl.com

ENGLAND TOUR AUGUST 21st-5th 2008 Contact Daljit Singh for full program itinerary at 0044-787-768-1305 / 0044-207-369-0308

HARIDWAR RETREAT OCT.30 th –NOV. 5 th 2008. For more info contact
akhandparamdham@gmail.com

Send in your Musings or Questions

This newsletter is informal and meant to connect Maharaji's ever growing large family of English speaking students. You are welcome to submit news briefs and events or stories related to Maharaji's teachings. You can also send in a question for Maharaji that just might get answered in his newsletter. Thanks to all of you who sent in pictures and comments for this newsletter.

Send inquiries or briefs to akhandparamdham@gmail.com