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ENLIGHTENED MASTER ~ TEACHER OF SAINTS ~ HOLY MAN

4 DAY RETREAT *with Enlightened Master* **YUG PURUSH** **SWAMI PARAMANANDJI**

Thursday June 17, 10am – Sunday June 20, 12pm
“Healing Heart, Self-Knowledge”

Recorded by Bob Keeton/Living Successfully*

- **4 nights - Indoor accommodations** including breakfast & dinner: \$650 donation
- **4 nights - Outdoor camping** including breakfast, dinner & showers: \$375 donation
- **Locals per day - w/dinner:** \$150 donation • **Locals 4 days - w/dinner:** \$350 donation
- **Discourses; Meditation; Private 15 min. consult** (\$101 donation-call to reserve), with Swamiji
- **Yoga & Pranayama Classes**

Space is limited. Reservations with non-refundable \$100 deposit required.

2010 Tour/Fundraiser Events

May 21 • Cold Springs Harbor, NY

Contact: Debbi Goldman
(631) 367-3709 Toboggan19@aol.com

May 22-23 • Lloyd Neck Harbor, NY

Contact: Burt Shaffer (631) 385-7176
Bshaffer21@gmail.com

June 16-24 • 4 Day Retreat at Akhand Param Dham, Rockville, VA (details right)

June 20 • Hindu Temple, Richmond VA
10am-12pm, tentative

June 21 • Akhand Param Dham Annual Board Meeting, 10am-12pm

Satchidanand Ashram Yogaville Main Auditorium

Dinner \$7.00, 6:30-7pm; Lecture 8-10pm
“Awakening To The Bliss Of Immortal Spirit”
Contact Germaine (434) 969-2900 to spend the night or other info: X140 or X108

June 22 • American Theater, Hampton, VA

Lecture 7:30pm, *“Presence Of Grace”*
Contact: (757) 722-2787

We invite you to join Swami Paramanandji for a mind expanding and heart opening four day retreat. During this weekend experience, Swami will speak of the Atma Bodha of Shankaracharya, which is *SELF KNOWLEDGE*, *“WHO AM I”*, composed for those who have purified their hearts by tapah (self discipline), whose hearts abound in tranquility, whose minds are free from the pairs of opposites (such as personal love and hatred), and who have intense desire to experience Brahman as their own Self.

The retreat will be comprised of Swami’s teachings, yoga exercises, pranayama and periods of silence.

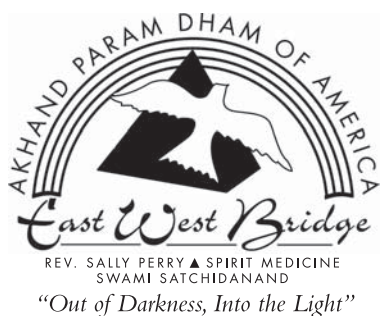
Yug Purush Swami Paramanandji is an enlightened master from India. He is a great scholar/ philosopher of Bhakti Yoga and Vedanta, the ultimate teaching of oneness. Swami has dedicated his life to building ashrams (spiritual communities) which feed, clothe and house the saints (sadhus) of India. Swami also oversees many schools, colleges, hospitals, and homes for underprivileged and homeless women and children in India.

FOR ALL EVENTS:

CLOTHING: Dress comfortably in loose fitting clothes suitable for meditation, and respectfully (that is, covering shoulders and legs - wear long skirts or pants, no shorts or sleeveless, avoid tight fitting or “revealing” clothes). It’s traditional for women to also wear a shawl or scarf.

FLOWERS AND FRUITS are welcomed greetings for Swami. He usually blesses these and returns them to the people at the end of the teaching.

*Video’s, DVD’s of lectures & meditations - \$12.00



AKHAND PARAM DHAM OF AMERICA
19400 Turkey Road, Rockville VA 23146
Contact: **Rev. Sally Perry (804) 749-4679**
sallybperry@aol.com • www.sallyperry.net

Mail to: East West Bridge, 19400 Turkey Road, Rockville, VA 23146
Make checks payable to: Akhand Param Dham of America

Enclosed is my non-refundable deposit of \$ _____

Telephone: Day _____ Eve _____

email: _____

Address: _____

Name: _____

1 Day: \$150 donation; date/s: _____

4 Nights-Indoor: \$650 donation 4 Nights-Outdoor: \$375 donation 4 Days Locals: \$350 donation

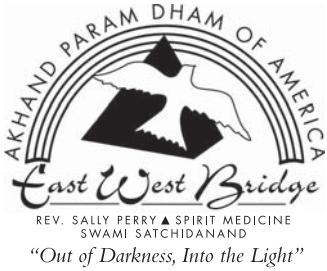
4 Day Retreat w/ Yug Purush Swami Paramanandji - June 17-20, 2010

- Go about 1/2 mile to left onto Turkey Road.
- Go about 2 miles and turn Road/Pinhook Road (617).
- After passing Turkey Creek Road turn left onto Oliveville
- Bear right onto Rte 617.
- Heading west on Rte 64 take Oliveville Exit (167).

DIRECTIONS:

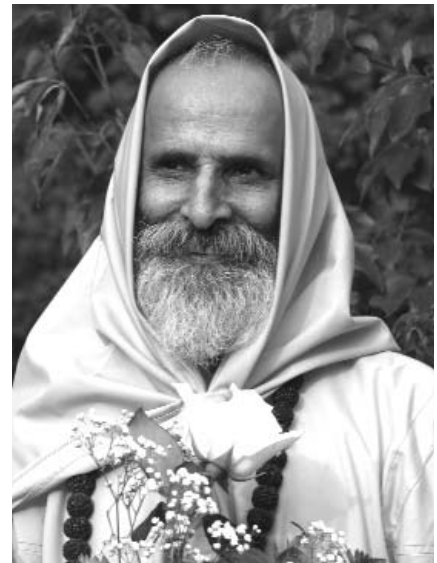


East West Bridge
19400 Turkey Road
Rockville, VA 23146



4 DAY RETREAT *with Enlightened Master*
YUG PURUSH
SWAMI PARAMANANDJI
JUNE 17-20, 2010
"Healing Heart, Self-Knowledge"

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